

MODULE SPECIFICATION PROFORMA

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| Module Title: | Application of Bodyworks in Clinical Practice | Level: | 6 | Credit Value: | 40 |
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| Module code: | CMP609 | Is this a new module? | Yes | Code of module being replaced: | CMP602 |
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| Cost Centre: | GACM | JACS3 code: | B300 |
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| Trimester(s) in which to be offered: | 1, 2 | With effect from: | September 16 |
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| School: | Social & Life Sciences | Module Leader: | Paul Battersby |
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| Scheduled learning and teaching hours | 150 hrs |
| Guided independent study | 250 hrs |
| Placement | 0 hrs |
| Module duration (total hours) | 400 hrs |

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| Programme(s) in which to be offered | Core | Option |
| BSc (Hons) Complementary Therapies for Healthcare | <input checked="" type="checkbox"/> | <input type="checkbox"/> |

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| Pre-requisites |
| None |

Office use only

Initial approval August 16

APSC approval of modification *Enter date of approval*

Have any derogations received SQC approval?

Version 1

Yes No

Module Aims

1. Advance student's practice of Massage, Aromatherapy and Reflexology enabling safe and professional management and treatment.
2. Equip the students with the skills to investigate the evidence base for Body Massage, Aromatherapy and Reflexology and the implications for practice.
3. Allow the students to examine the legal, professional, ethical and safety issues that impact on the practice of Massage, Aromatherapy and Reflexology.

Intended Learning Outcomes

Key skills for employability

- KS1 Written, oral and media communication skills
- KS2 Leadership, team working and networking skills
- KS3 Opportunity, creativity and problem solving skills
- KS4 Information technology skills and digital literacy
- KS5 Information management skills
- KS6 Research skills
- KS7 Intercultural and sustainability skills
- KS8 Career management skills
- KS9 Learning to learn (managing personal and professional development, self-management)
- KS10 Numeracy

At the end of this module, students will be able to

Key Skills

| At the end of this module, students will be able to | | Key Skills | |
|---|---|------------|-----|
| 1 | Assess and critique the underpinning principles of advanced massage, reflexology and aromatherapy techniques. | KS1 | KS2 |
| | | KS3 | KS6 |
| | | KS7 | KS9 |
| 2 | Critically apply appropriate massage, reflexology and aromatherapy techniques to a range of conditions supported by rationales. | KS1 | KS2 |
| | | KS3 | KS6 |
| | | KS7 | KS9 |
| 3 | Evaluate the evidence base for massage, reflexology and aromatherapy. | KS1 | KS3 |
| | | KS4 | KS5 |
| | | KS6 | KS9 |
| 4 | Demonstrate the skills required for managing clinical practice. | KS1 | KS2 |

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| | | KS3 | KS5 |
| | | KS7 | KS10 |
| 5 | Critically appraise own practice using reflective practice techniques. | KS1 | KS2 |
| | | KS3 | KS6 |
| | | KS7 | KS9 |
| Transferable/key skills and other attributes | | | |
| <p>Reflective practice Report writing Problem-solving Effective Communication Ethical consideration Independent practice Working with others</p> <p><i>Practical elements of this module have been designed to match the National Occupational Standards for Massage, Reflexology and Aromatherapy.</i></p> | | | |
| Derogations | | | |
| Credits shall be awarded by an Assessment Board for this module when a mark of at least 40%, or a pass grade, has been achieved in all elements of assessment. | | | |

Assessment:

Assessment One:

The written assessment for this module will focus on observed sessions with patients at level 6, followed by the submission of 3 in depth case studies one of each modality: aromatherapy, reflexology and massage.

Assessment Two:

A practical exam to be undertaken towards the end of Trimester 2. Students must demonstrate safety and competence of treatment protocols with clear rationales for the use of techniques applied.

Assessment Three:

Students must achieve a minimum of clinical 150 hours at level six to pass this element of assessment.

| Assessment number | Learning Outcomes to be met | Type of assessment | Weighting (%) | Duration (if exam) | Word count (or equivalent if appropriate) |
|-------------------|-----------------------------|--------------------|---------------|--------------------|---|
| 1 | 1, 3, | Case Study | 50% | | 2 500 words each |
| 2 | 2, 4, 5 | Practical | 50% | 75 min | |
| 3 | | Attendance | Pass | 150 hours | |

Learning and Teaching Strategies:

The module will be taught through a combination of practical sessions, peer and group supervision, peer evaluation, action learning and reflective journals. The practical sessions will involve the application of skills for each discipline within a working clinic environment.

Indicative Syllabus outline:

The module draws on the skills and knowledge acquired at levels 4 and 5 enabling the student to demonstrate practical clinical skills and clinic management.

Clinic management

Safety issues including contraindications

Case taking

Evidence base practice

Critical analysis of case work

Critique of research

Reflective learning journals and Action learning

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| Bibliography: |
| Essential reading |
| Moon, J. (2006), <i>Learning Journals: A Handbook for Reflective Practice and Professional Development</i> , London: Routledge. |
| Moon, J. (2007), <i>Critical Thinking: An Exploration of Theory and Practice</i> , London: Routledge. |
| Other indicative reading |
| Chaitow, L. and Fritz, S. (2007), <i>The Massage Therapists guide to Lower Back and Pelvic Pain</i> , London: Churchill Livingstone. |
| Clarke, S. (2005), <i>Essential Chemistry for Safe Aromatherapy</i> . London: Churchill Livingstone. |
| Dougans, I. (2005), <i>Reflexology, The Five Elements and their Twelve Meridians: A Unique Approach</i> , London: Thorsens. |
| Riggs, A. (2007), <i>Deep Tissue Massage; A visual Guide</i> . California: North Atlantic Books. |
| Journals |
| International Journal of Essential Oil Therapeutics |
| Journal of Clinical Aromatherapy |
| Journal of Alternative and Complementary Medicine |
| International Journal of Therapeutic Massage & Bodywork: Research, Education, & Practice |
| Reflexions |